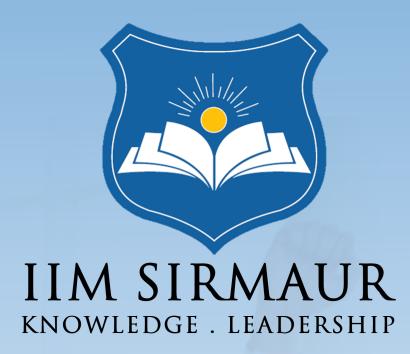
ONE DAY NATIONAL SEMINAR
(Online)
ON
HAPPINESS AND WELL-BEING
AT WORKPLACE
(20 March' 2021)



Organized by
Indian Institute of Management
Sirmaur



### **OBJECTIVES**

The HR leaders need to respond and move from a static to an agile planning approach that can prioritize employees' mental health and well-being. Also, happiness at work has become more important after the havoc of COVID-19. This seminar will boost the attention of participants towards the generative dynamics in organizations that necessitate the development of psychological resources, enable healing and restoration, and cultivate spirituality at workplace for boosting individual well-being. It will also aid the industry leaders in understanding the enablers, motivators, and effects that can enhance the health and wellness of employees.

#### WHO SHOULD ATTEND?

Students, research scholars and faculty members in the management/social sciences area and the practitioners in the management field/industry.

#### THEMES OF PANEL DISCUSSION

- 1. Happiness and mental well-being
- 2. Role of psychological resources in enhancing well-being
- 3. Workplace spirituality, organizational culture, and spiritual well-being

#### **ABOUT SPEAKERS**

- 1. Dr. Aruna Broota, Independent Psychologist Doctor, Professor (Retired), University of Delhi
- 2. Prof. Sushanta Mishra, Professor, IIM Indore
- 3. Dr. Rabindra Kumar Pradhan, Associate Professor, IIT Kharagpur
- 4. Dr. Kamlesh Singh, Associate Professor, IIT Delhi
- 5. Prof. Santosh Rangnekar, Professor, IIT Roorkee
- 6. Prof. Ashish Pandey, Professor, IIT Bombay
- 7. Prof. Rajen K. Gupta, Research Advisor, IIM Sirmaur

### **NOMINATION AND CORRESPONDENCE**

Interested candidates should send the nomination through e-mail of the scanned copy of hand written enclosed Proforma duly sponsored by the appropriate authority/self-sponsored along with the registration fee. All the nominations should be sent to <a href="mailto:rinki.dahiya@iimsirmaur.ac.in">rinki.dahiya@iimsirmaur.ac.in</a>

#### **REGISTRATION FEE**

The seminar fee for this program is Rs. 250/- including GST. There is no registration fee for students but preregistration is mandatory.

# Click Here for Registration

\*The last date of registration is 19th March, 2021.

\*Note: Participants would receive e-Certificate for participation.

#### **PAYMENT**

The **seminar fee** should be paid through online mode.

Click Here for Payment

# INDIAN INSTITUTE OF MANAGEMENT SIRMAUR NOMINATION PROFORMA

One day National Seminar

on

# Happiness and Well-being at Workplace (20 March' 2021)

Name & Address of the Candidate/s
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Signature of the Sponsor with Seal (if applicable)

#### **IIM SIRMAUR**

IIM Sirmaur is situated in the verdant surroundings of Himalayas (located in Paonta Sahib and nearby to Dehradun). IIM Sirmaur provides an ideal setting to educate and train the best minds of the country, away from the hustle and bustle of metropolitan cities. IIM Sirmaur is one of the 3rd generation IIMs set up by MHRD, Govt. of India.

Paonta Sahib is among the major industrial towns of Himachal Pradesh. The town is an important religious place for the Sikhs, and it attracts pilgrims from around the world. The campus is equipped with modern facilities and latest technology to provide an excellent learning environment for the students. The institute has state-of-the art classrooms equipped with overhead projectors and modern furniture, fully equipped conference rooms with video-conferencing facility, a 24x7 library and a computer lab with latest configuration machines as well as access to various software and databases.

#### **PATRON**

Prof. Neelu Rohmetra Director, IIM Sirmaur

## **ORGANIZING COMMITTEE**

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